

DAILY GUIDE

Daily Affirmations

December 2025 Affirmations by Rev. Dr. Michael Gott

I integrate every aspect of my spiritual journey into a unified whole. I have no need to regret or hide my past, all of which led me to the freedom I now experience as I reveal my authentic divine nature.

December 11, 2025 Daily Affirmation from Science of Mind Magazine
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I let go of my former limiting beliefs about who and what I am. I am free to discover all the gifts life offers me. I experience peace, joy and wisdom in my journey.

December 12, 2025 Daily Affirmation from Science of Mind Magazine
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I release every limiting thought and belief that keeps me from receiving my good and from expressing the good within me.

December 9, 2025 Daily Affirmation from Science of Mind Magazine
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I am willing to release the familiar yet limited ways of being that kept me small. I embrace a deeper connection to the creativity and magnificence within, and I rise higher in the light of the Divine.

December 10, 2025 Daily Affirmation from Science of Mind Magazine
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I let go. I allow the cycles of creation and dissolution to be present in my experience, without attachment or suffering. Through each loss, I deepen and reveal more of the Good within and all around me.

December 7, 2025 Daily Affirmation from Science of Mind Magazine
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I listen to the authentic voice of my being. I choose to live from this deep and genuine place within. I make decisions, take actions and speak words that honor the someone who I am.

December 8, 2025 Daily Affirmation from Science of Mind Magazine
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I am willing to sacrifice my comfort for growth. As I step beyond what is familiar, I am supported by life itself. I discover new ways to express my creativity and my gifts.

December 5, 2025 Daily Affirmation from Science of Mind Magazine
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I am grateful for my body. I bless its perfection in form and function. I give my body everything it needs so that, in turn, it supports me perfectly to do all that is mine to do.

December 6, 2025 Daily Affirmation from Science of Mind Magazine
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I trust that my deepest and most authentic self is pure Spirit. My human experiences and limitations do not block the light of God within me. I allow my humanity to be illuminated by the truth.

December 3, 2025 Daily Affirmation from Science of Mind Magazine
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Today, I am willing to look at myself with fresh eyes. Where am I holding on to old ways of being that no longer serve me? I am ready to release them and step into my freedom.

December 4, 2025 Daily Affirmation from Science of Mind Magazine
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I am willing to release anything that stands in the way of my authentic expression of divine grace and power. I recognize greater revelations of truth. I continue to discover the God of my being.

December 1, 2025 Daily Affirmation from Science of Mind Magazine
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I am willing to call forward any old belief that limits my experience of life. I release it and step powerfully into my healing and my freedom.

December 2, 2025 Daily Affirmation from Science of Mind Magazine
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I listen for the still, small voice of my being as it calls me forward in Spirit's journey. I answer the call with joy. December 23, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	I recognize the light of Spirit deep within my being. I welcome this recognition and let this light shine through me to all people. December 24, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I trust divine timing moving through my life today. I intuitively know what to do and how to do it. I know when to stop doing and allow everything to be as it is. I am guided by Spirit. December 21, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	I welcome the healing of all regret and pain of the past. I walk unburdened into this brilliant new day, filled with possibility and promise. December 22, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I now embody the sacred rhythm of work and rest. I move through this life with purpose and intention, and I take time to be still and feel the presence of the Divine. December 19, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	I am growing, revealing more and more of the good of God within. I am becoming, releasing everything that is unlike the light of the Divine within me. December 20, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I am a part of the healing of my world. My consciousness of peace rises above all thought of separation and harm. The light of the Divine shines through me now. December 17, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	I am ready to grow. I release old patterns of thinking and behavior. I step into a greater realization of the truth of my being, and I am free. December 18, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I stand still with a deep faith that my good is revealed in all situations in my life. I rest in the awareness that I am supported, guided and loved by Life. December 15, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	I release every limiting thought and false belief, and I stand in faith that Spirit is moving through every situation in my life, revealing good. December 16, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I let go of judgment and choose to see myself and others through the eyes of compassion and understanding. I experience my life in freedom and in love. I choose to grow, not criticize. December 13, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	As I face uncertainty, I stand in spiritual principle. Divine creative intelligence flows through me, and I am guided to wise and compassionate action. I let go of my attachment to outcomes. December 14, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com

GUIDE FOR SPIRITUAL LIVING

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DAILY GUIDE *Daily Affirmations*

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I have no need to cling to the forms I knew before.
I trust Spirit to continually bless me with new and higher
forms that reflect my growing consciousness of good.

December 30, 2025 Daily Affirmation from Science of Mind Magazine
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I live in the freedom of Spirit. I am open and available
to the good that comes my way from expected and
unexpected channels. I have all I need to do, all that is mine
to do.

December 31, 2025 Daily Affirmation from Science of Mind Magazine
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I let go of old ideas and thoughts of limitation. I release my
need to control people, places and things. And in letting go,
I am free.

December 28, 2025 Daily Affirmation from Science of Mind Magazine
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I am no longer willing to cling to limiting thoughts
and false beliefs. I embrace the truth that I am an expression
of Spirit. Divine love and power flow through me now.

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I am whole, perfect and complete just as I am. I am an
expression of the Divine's love, power, beauty and
creativity. I am willing to be myself, fully and openly, and
celebrate my freedom. I belong.

December 26, 2025 Daily Affirmation from Science of Mind Magazine
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I am willing to release those things that are complete.
I do not cling. I welcome the emergent blessings as Spirit
pours Itself into new and wondrous forms in my life.

December 27, 2025 Daily Affirmation from Science of Mind Magazine
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I release all judgment of others. I remember that we are all
expressions of spiritual perfection and wholeness. As I know
this for myself, it becomes effortless to see Spirit radiating
from all beings.

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