

2026 MONTHLY THEMES: OPEN AT THE TOP

January: The Base We Stand On (Due 10/1/25)

February: Embracing Possibility (Due 10/1/25)

March: A World of Your Creation (Due 12/1/25)

April: The Attentive Journey (Due 12/1/25)

May: Doubt as Devotion (Due 2/1/26)

June: An Expansive View of Love (Due 2/1/26)

July: Nothing To Be Healed (Due 4/2/26)

August: Fear: Motivator & Guide (Due 4/2/26)

September: Loving Your Body (Due 6/1/26)

October: Dancing in the Shadows (Due 6/1/26)

November: Expanding Empathy (Due 8/2/26)

December: The Gift of Not Knowing (Due 8/2/26)