



First 10 Words



Conversations with Murphy, a 14-pound dog

Most people think I can read their minds. The truth is most people can't read their own minds. I have noticed that the first 10 words my people say in the morning become a prophesy for their whole day. They don't see it. I hear them say, "It's going to be a long day." "I'm really not looking forward this afternoon's meeting." "You know, I really hate Mondays, and Tuesdays aren't much better."

They say, "This whole world is falling apart." "You just can't trust most people." "I think I would like to stay in bed for the rest of the year." What follows are days that live up to whatever they say while having their morning coffee. It really is kind of amazing.

I get excited just thinking about going for a walk. It is the same walk I walk every day and have been walking for the last three years. The truth is, I think it is an amazing adventure filled with surprise smells, unexpected birds, dogs and people, and I have yet to be disappointed. I wish my people would describe each new day of life as if it were an amazing adventure instead of an exhaustive obstacle course that you can't recover from in a two-day weekend. I think humans should smile at the mirror when they wash their faces in the morning and say, "I love you," and declare this day a fabulous and amazing adventure. ☘

MURPHY THE HUMAN WHISPERER

watches over his human, Rev. Bob Luckin, when he isn't working on his column. Send your questions to Murphy@CSL.org. Regretfully, he cannot reply to all email.



**Reveal the amazing adventure
that is your ordinary day.**