

Daily Affirmations

BROUGHT TO YOU BY

Centers for

Spiritual Living

April 2025 Affirmations by Rev. David Goldberg, Ph.D.

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I embrace innovation as a tool for positive change in the world.	I honor water as a sacred and essential gift, and I use it wisely.
April 11, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	April 12, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I honor and protect the forests, vital lifelines of our Earth.	I align my choices with a sustainable and abundant future.
April 9, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	April 10, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I am a guardian of wildlife, actively protecting and cherishing all living beings.	I join hands with my community to co-create a thriving and sustainable world.
April 7, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	April 8, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I am connected to the oceans and inspired to protect their life-giving power. April 5, 2025 Daily Affirmation from Science of Mind Magazine	I plant seeds of change that grow into a sustainable and abundant future. April 6,2025 Daily Affirmation from Science of Mind Magazine
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I commit to making sustainable choices that honor the future of our planet.	I am a force for balance and restoration in the world.
April 3, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	April 4, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I am a vital part of the web of life, and my actions contribute to a thriving planet.	I honor Earth's abundance and choose to live in harmony with her gifts.
April 1, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	April 2, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com



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I cherish and protect the rich diversity of life that sustains our planet.	I honor and protect freshwater as a sacred and life-giving gift.
April 23, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	April 24, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I commit to a vision of climate justice, ensuring equity and sustainability for all. April 21, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	I celebrate and honor the Earth as a sacred gift, protecting her with love and care. April 22, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I envision and support cities that thrive in harmony with the Earth.	I rise into the fullness of my divine nature, knowing that Spirit within me is always renewing, transforming and expressing as love and joy.
April 19, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	April 20, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I nurture the spaces where pollinators thrive, honoring their essential role in life's balance. April 17, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	I honor and respect Indigenous wisdom, recognizing its role in sustaining life on Earth. April 18, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I honor the soil as a sacred foundation for life and support its renewal. April 15, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	I honor and protect coastal ecosystems, vital sanctuaries of life and balance. April 16, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com
I honor and protect the spaces where wildlife thrives.	Every day is Earth Day, and my actions honor and protect the planet.
April 13, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com	April 14, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com



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I support forest restoration, knowing trees are symbols of peace, life and resilience.

April 29, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com

I honor trees as sacred expressions of Spirit and guardians of balance.

April 27, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com

I cherish and protect each tree, honoring its right to thrive and celebrating its contributions to our planet.

> April 25, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com

I live in harmony with nature, honoring its beauty, wisdom, and abundance.

April 30, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com

I embrace mindful consumption and honor resources as sacred gifts.

April 28, 2025 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com

I honor and uplift youth as powerful leaders in creating a sustainable world.

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