

November 2024 Affirmations by Rev. Dr. Jim Lockard

<p>I am a natural at choosing wisely and lovingly. My life unfolds with a deep sense of fulfillment, passion and creativity. I have enough to spare and enough to share of everything.</p> <p>November 11, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I know I am one with Spirit. Therefore, abundance flows into my life in a natural and regular manner. I am enough, and I have enough.</p> <p>November 12, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I bring all of myself to my friendships, even as we build trust in each other and set healthy boundaries.</p> <p>November 9, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I am grateful to my family and all who supported me in my upbringing. As an adult, I take full responsibility for my own growth and development. I forgive everything and set healthy boundaries.</p> <p>November 10, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I am an individualized expression of Spirit, connected at the soul level to everyone and everything. I bring the best of myself into relationships of all kinds with a sense of humility.</p> <p>November 7, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>In a committed relationship, I bring radical self-honesty, humility, clarity and compassion to bear on myself and my significant other. I live my commitment and expect commitment in return.</p> <p>November 8, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I am a spiritual citizen. I bring the best of myself to governing my own life, and I bring the best of those expressions to any group or community I belong to. I am accountable, reliable and engaged.</p> <p>November 5, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I live in grace. I accept that I am one with Spirit and with all of creation. I take time to contemplate this daily. I forgive and move on.</p> <p>November 6, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I live in a world that works for everyone because it works for me. I am strong in my compassion, dependable in my agreements and honest in my thoughts and expressions.</p> <p>November 3, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I recognize the natural creative power within me and direct my thinking toward the realization of what is highest and best. Abundance is my natural heritage, and I claim it today.</p> <p>November 4, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I know I am one with the richness of Spirit at all times. I accept this as the essential relationship of my life and receive its blessings.</p> <p>November 1, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>My nature is goodness. My nature is abundant. I direct my experience from a place of high expectations, accepting the natural bounty of the universe in which I live, move and have my being.</p> <p>November 2, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>

November 2024 Affirmations by Rev. Dr. Jim Lockard

I am clear in my thoughts, words and deeds. I am radically honest with myself, noting where I need to adjust my thinking for greater clarity. I release the need for fear, anxiety and drama.

November 23, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I am a healer. I access the infinite creating power of the universe with every thought. I look beyond limitation to abundance in all things. I am empowered, wise and living my best life.

November 24, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I bring a profound sense of enthusiasm to my life and my relationships. I accept the mysterious nature of life and release any need to fear, knowing Spirit supports me.

November 21, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

Compassion is the ultimate love. I work toward this high state of being daily. I seek to know that I am one with all and that I possess the wisdom and love to be truly compassionate to myself and others.

November 22, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I realize my divine nature. I have enough because I am enough. I lack nothing in my life, and I continually realize the reality of my abundant nature.

November 19, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I am curious about life, about other people and about myself. I nurture my curiosity by being open, embracing uncertainty and seeing the world as my playground.

November 20, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I am one with Spirit. I affirm this truth as I realize my own worthiness for all things good. I am worthy because I exist, and nothing I do or fail to do can reduce my inherent worth.

November 17, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I affirm that I am worthy of love; I am love expressing. I expect good in my life in the form of abundance of all things necessary to my own fulfillment. I love myself, and I love everyone and everything.

November 18, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I accept that I have a positive relationship with the energy of money. What I need, I always have. I naturally attract whatever I require to live a fulfilling life and to help others as I desire.

November 15, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I know abundance is within me and is now expressed in my life. I have enough of everything because I know that I am enough. I deserve abundance, and the universe cooperates with me.

November 16, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

My work is an expression of my being. I find opportunities to support myself and others, to creatively express my talents and to be constructive. My life and work are filled with meaning.

November 13, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I have everything I need to support myself and my loved ones. Money flows to me naturally, and I spend little time thinking about it; it is just there. I see myself as prosperous and affluent in life.

November 14, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

GUIDE FOR SPIRITUAL LIVING

SCIENCE OF MIND MAGAZINE

BROUGHT TO YOU BY



DAILY GUIDE

Daily Affirmations

November 2024 Affirmations by Rev. Dr. Jim Lockard

I am healthy. I express the best of myself in my physical being; every particle, cell, organ and system in my body operates perfectly. I am clear in my thinking, and my emotional state is one of robust health.

November 29, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I am enough, and I have enough to spare and to share. I live a fulfilling life and look forward to the future with high expectations and curiosity.

November 30, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I am joy. I am open to a more joyful experience of life. I know sorrows will come, but joy is now my default setting. What a wonderful life!

November 27, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I give thanks in this moment for all I am, all I have, all I have experienced and all I have learned. I am grateful for the amazing future I create right now.

November 28, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I trust Spirit fully, and I trust myself to be a vessel for wisdom, love, compassion and trust. I know I have the ability to determine if someone is trustworthy by listening to my body and my inner voice.

November 25, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

I am love. I draw from Source all I need to thrive. I deepen my awareness of my abundance each day. I trust that I have access to infinite potential, which I actualize wisely and compassionately.

November 26, 2024 Daily Affirmation from Science of Mind Magazine
[Subscribe at scienceofmind.com](https://www.scienceofmind.com)

GUIDE FOR SPIRITUAL LIVING SCIENCE OF MIND MAGAZINE

Where Modern Spirituality Meets Science

Available for \$3.08 per issue at
[ScienceOfMind.com/Subscribe](https://www.ScienceOfMind.com/Subscribe)
and at Barnes & Noble

