

GUIDE FOR SPIRITUAL LIVING

SCIENCE OF MIND
MAGAZINE

BROUGHT TO YOU BY



DAILY GUIDE

Daily Affirmations

September 2024 Affirmations by Mary Davis

<p>I am peaceful. I am calm. I am eternal. Divine grace protects me, strengthens me and guides me.</p> <p>September 11, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>The moment I let go and make an offering of my heaviest burdens, I tap into the Divine Source of infinite peace, possibility and miracles.</p> <p>September 12, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I am one with the Source of all creation. Everything is possible.</p> <p>September 9, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>The more grateful I am, the more beauty I see.</p> <p>September 10, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I quiet my mind and rest in the stillness of divine love.</p> <p>September 7, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I honor this season of life by nourishing my soul in my own unique way.</p> <p>September 8, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>My daily spiritual practice illuminates the ever-present peace and wisdom within me.</p> <p>September 5, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I am inspired to rise above the material world and dwell in the expanse and peace of Spirit.</p> <p>September 6, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I am a symphony of mind, body and spirit in alignment with my highest and most loving wisdom.</p> <p>September 3, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>Today, I practice peace in my heart and in the world. I radiate peaceful energy to all who cross my path and my mind.</p> <p>September 4, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I unveil the peace within me. I have a calm center in the storms of my life.</p> <p>September 1, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I am an infinite, radiant being of love and compassion. I move through the world today as an instrument of peace.</p> <p>September 2, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>

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<p>Every time I notice something beautiful, I feel the energy of the Divine filling me with exactly what I need in this moment.</p> <p>September 23, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I find peace in the present moment and use mindfulness to do one thing at a time with great love and attention.</p> <p>September 24, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I am the embodiment of peace in my thoughts, words and actions. I create a better world right where I am.</p> <p>September 21, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I release the past season of my life and open my heart to new beginnings. I take steps to restore equilibrium to my life.</p> <p>September 22, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I have the power to choose to forgive and release myself from the pain of the past. I open to the free flow of love and peace in my heart.</p> <p>September 19, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I bless my life with undistracted time for peace and spiritual connection.</p> <p>September 20, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I bless all who cross my path with a heart of generosity and pure love. Blessing others brings me joy.</p> <p>September 17, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I release regrets and forgive myself for past mistakes. I honor the lessons I learned and the person I became through my experiences.</p> <p>September 18, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>Wisdom from the Divine guides all my actions today. I am in the flow of ease and grace.</p> <p>September 15, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I am one with the beauty of all natural things. I allow nature's peace to lift me on the wings of Divine Love.</p> <p>September 16, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I am mindful of where my thoughts take me. I look back with joy. I look forward with hope. I am present with peace.</p> <p>September 13, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>Today, I surrender my greatest challenges to the Divine. At every crossroads, I choose faith over anxiety and love over fear.</p> <p>September 14, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>

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<p>At bedtime, I use my thoughts to come into greater alignment with the Divine. I plant seeds of peace and positivity.</p> <p>September 29, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>The deep peace of Divine Love is eternally present within me.</p> <p>September 30, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I refrain from judgment and focus on ways I can use my gifts and my love to create the change I wish to see in the world.</p> <p>September 27, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I give of myself in small ways throughout the day and seek opportunities to use my gifts in service to others.</p> <p>September 28, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>The brilliant light of my soul radiates from my heart and raises the frequency of all those who cross my path and my mind today.</p> <p>September 25, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I cherish myself and show myself love by making time for the simple pleasures of life that bring me joy.</p> <p>September 26, 2024 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>



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