

October 2023 Affirmations by Ernest Holmes

<p>Today, I return to the true center of my being, which has never known harm.</p> <p>October 11, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I bless my body and my mind, for they are good and worthy of my love.</p> <p>October 12, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>Today, I walk in the pathway of inspiration.</p> <p>October 9, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I see through all physical and mental obstructions to the one perfect Presence within me.</p> <p>October 10, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I am learning to live in joy, in peace and in calm confidence.</p> <p>October 7, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>There is an inspiration within me that governs every act, every thought, with conviction and in peace.</p> <p>October 8, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I am putting my whole trust and confidence in the good.</p> <p>October 5, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I think with clarity, move with ease and accomplish without strain.</p> <p>October 6, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>I let good flow into my experience.</p> <p>October 3, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>I enter into a deeper understanding of life.</p> <p>October 4, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>
<p>The law of good is continuously operating in my life.</p> <p>October 1, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>	<p>Realizing that Spirit knows no obstruction, I have confidence in Its ability.</p> <p>October 2, 2023 Daily Affirmation from Science of Mind Magazine Subscribe at scienceofmind.com</p>

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I know that all experience is a play of life upon itself,
the blossoming of love into self-expression.

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I enter into the game of living with
joyful anticipation and with enthusiasm.

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My mind now releases all sense of burden or strain.
Nothing can hurt or disturb my spiritual self.

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Today, I enter the limitless variations of self-expression
that the Divine Spirit projects into my experience.

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There is nothing in me that can dissipate
my faith or dim its clear realization.

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I let my inner spirit fill my whole being
with peace and stillness.

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I refuse to permit anything antagonistic or
unlovely to enter my consciousness.

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I see through all confusion to the one Divine
Presence at the center of everything.

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There is nothing in me that can doubt that
good will make its appearance in my experience.

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I see in everyone that which I know to be true
about myself. Therefore, everyone I think of
is blessed by my thought.

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I see through all apparent contradictions
to the one perfect Being in every person.

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I now accept all that I have
hoped for and believed in.

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I am guided by infinite wisdom into that light
which is eternal. My soul is jubilant.

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Divine Intelligence operates through me without
confusion, calmly, forward moving, progressive, upward
spiraling, outward reaching.

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Today, I realize that time is not passing.
I am passing through time.

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I recognize my union with all people and all events.

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Today, I enter into my divine inheritance, shaking my
thought clear from the belief that external conditions
are imposed upon me.

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There is justice, knowledge, right government
and divine guidance without judgment.

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I am confident in my ability to meet every situation.

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