

**GUIDE FOR
SPIRITUAL LIVING**

SCIENCE
OF MIND[®]
MAGAZINE

2023 MONTHLY THEMES

January: Root and Reboot (Due 10/16/22)

February: Curiosity As a Superpower (Due 11/2/22)

March: Cultivating Authenticity (Due 12/1/22)

April: The Power of Vulnerability (Due 1/4/23)

May: Light Within the Shadows (Due 2/1/23)

June: Embracing Self-Care (Due 3/1/23)

July: Speaking Truth to Circumstance (Due 4/2/23)

August: My Passion, My Purpose (Due 5/3/23)

September: Love Out Loud (Due 6/1/23)

October: Playing With Paradox (Due 7/5/23)

November: The Mundane, The Sacred and The Profane, Oh My! (Due 8/2/23)

December: Living Wholeness (Due 9/1/23)